

NORTHWEST ATHLETIC ASSOCIATION OF COMMUNITY COLLEGES

VOLLEYBALL HANDBOOK 2007

Revised 9/07

NWAACC VOLLEYBALL HANDBOOK

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IMPORTANT

DATES,

Processes & Forms

NWAACC Volleyball Coaches Checklist

1. NWAACC Materials:

- Do you have a copy of the latest edition of the NWAACC code book and rules update pages?
- Do you understand the constitution and bylaws especially, related to eligibility and recruiting?
- Have you read through the volleyball-specific sport regulations?
- Do you have a copy of the NWAACC directory?
- Do you have a copy of the NCAA volleyball rule book provided by the NWAACC? Additional books can be purchased through www.ncaa.org.

2. NWAACC Volleyball Handbook:

- Do you have a copy of the latest edition of the volleyball handbook?
- Have you read all standard operating procedures regarding host school responsibilities, tournament guidelines, etc?
- Have you submitted your game day emergency contact numbers to the volleyball sports chair?

3. Regional Guidelines:

- Do you have a copy of your region's standard operating procedures?
- Do you understand the updated volleyball standard operating procedures for your region? Specific expectations and requirements may vary from region to region with regard to host guidelines, match times, scheduling, playoffs and league awards.

4. NWAACC Coaching Certification:

- Have you completed the requirements necessary for NWAACC coaching certification? To become certified, you must first pass the NWAACC regulations test and NWAACC volleyball rules test. These should both be turned into the NWAACC office. You must also have a valid CPR/ First Aid card. Documentation of continuing education is recommended in the areas of coaching, legal issues, and medical. Van driver training is required by some institutions.

5. Important Dates and Deadlines:

- When are the first practice and first competition dates?
- When are the team pictures, team information and rosters due to the NWAACC office?
- When are physical packets and eligibility due? When is the signing date for letter of intents?
- Do you know the "player of the week" information, including process, fax #, due date and time?
- When and where are the first regional coaches meeting? When the annual coaches Meeting is?

6. AVCA Membership:

- Have you joined the AVCA - American Volleyball Coaches Association? (This is a requirement in order to nominate or vote for All-American athletes.) You may locate the AVCA at the following address: www.avca.org.

7. Communication within the NWAACC:

- Do you know your regional volleyball sports committee representatives?
- Who is the NWAACC sports committee chair?
- Who are the two commissioners representing your institution at each regional meeting?
- Do you know how to address a concern related to ethics, eligibility, procedure, etc?

The NWAACC website can be accessed at www.nwaacc.org for results and schedule.

2007 VOLLEYBALL IMPORTANT DATES

<u>DATE</u>	<u>EVENT</u>	<u>LOCATION</u>
July 1, 2007	Schedule Due	NWAACC Office
Friday, August 17	First Practice	
Friday, August 31	First Contest Date	
Sept. 1, 2007	Eligibility Due	NWAACC Office
Friday-Saturday, Oct.5-6	X-Over Tournaments	
Friday-Saturday, Nov.2-3	X-Over Tournaments	
Monday, November 12	Regional All-Stars Due	NWAACC Office
Tuesday, November 13	Crossover Bids Due	Cheryl Yoder
Thur. - Sat., November 15-17	Conference Tournament	Mt. Hood CC
Wednesday, November 28	Crossover sites selected	Sports Comm.
Wednesday, November 28	AVCA All American Due	TBA
Friday-Saturday, Nov.30-Dec.1	Sophomore All Stars	TBD

Emergency Travel Procedures

Created at Conference Coaches Meeting
December 7, 2002

TRAVEL EMERGENCY/DELAY POLICY

This policy will apply when a team is delayed to a match due to mechanical trouble or traffic delays. It will not be in effect for delays caused by circumstances under your control, i.e. poor planning, waited for a late player, etc.

- 1) Must contact the host school, a minimum of 30 minutes prior to the scheduled start of the match (or as soon as the delay happens), to notify them of your circumstances. Each school will be asked to provide two phone numbers that can be used as emergency contacts. A list will be compiled and distributed prior to the first contest date.
- 2) During the conversation schools should agree as to whether it is appropriate to play that night or whether to cancel/postpone the match.
- 3) If both schools agree to play, a maximum of 30 minutes will be provided for warm-up. This time includes the pre-match protocol.
- 4) After 30 minutes of warm-up time the match will continue in its entirety.

CONFERENCE PLAYERS OF THE WEEK SELECTION PROCESS

In 1999 the volleyball committee agreed upon a selection process for Conference Players of the Week. An offensive and defensive player will be selected for each week of the season.

Regional Responsibilities

The volleyball sports committee members from each region will be responsible for establishing a process for selecting an offensive and defensive player of the week for their region.

Each region's selections must be forwarded to the sports committee chair by noon on Tuesday. The chair will select an offensive and defensive conference player of the week by noon on Wednesday of each week. That selection will be forwarded to the conference office by noon Wednesday for inclusion on the NWAACC website.

Nomination Eligibility

All NWAACC players will be eligible for selection until they have received the conference award twice for offense and twice for defense.

**NWAACC
"PLAYER OF THE WEEK"**

WEEK# _____

DATE: _____

OFFENSIVE NOMINATION

NAME: _____

SCHOOL: _____

POSITION: _____

Match VS.	# Of Games	Kills	Kill Eff.	Blck/S	Blck/A	Digs	Avg.digs/ game	# of S.R. balls	S.R. Eff.	Aces	Avg.Aces/ Game	Serve %	Total Assists

Comments:

DEFENSIVE NOMINATION

NAME: _____

SCHOOL: _____

POSITION: _____

Match VS.	# Of Games	Aces	Srv %	Total Serves	# of S.R. balls	S.R. Eff.	Digs	Avg.digs/ game	Block/S	Block/A

Comments:

2008 TOURNAMENT DATES AND LOCATIONS

CROSSOVER BIDS DUE: Tuesday, November 13, 2007

2008 Region Bids: (All Regions receive 2 bids)

Crossovers:

North	2
East	2
West	2
South	2

Conference: TBD

Sophomore

All-Star: East Region

Send Crossover

Bids To: Cheryl Yoder
Umpqua CC
PO Box 967
Roseburg, OR 97470
(541-440-7729) Phone

NWAACC EVENTS ROTATION

The NWAACC Volleyball Community & Executive Board approved the standardization of the rotation for the championship tournament. The rotation is based upon the acronym N.E.W. S. (Northern, Eastern, Western, Southern). In 1999 the rotation of the All-Star event was changed so that regions would have a year break in between hosting these events. The revised rotation is shown below:

All-Star Event			
2007	2008	2009	2010
North	East	West	South

Crossover Rotation

In 1998 by a unanimous decision of volleyball coaches the philosophy of crossovers changed. Instead of having 3 host sites for both weekends there will now be 3 host sites for the October crossover and 5 host sites for the November weekend. This will necessitate each region hosting 2 crossovers every year starting in 1999.

Bids are submitted to Cheryl Yoder, Committee Chair. Site selection is decided by the NWAACC volleyball sports committee.

Game Management for Volleyball Match

In 2001 the following list was created to assist host schools in providing the necessary services for both teams.

Host responsibilities include the following:

Minimum Standards

- 1) Regulation playing court (NCAA)
- 2) Net at appropriate height with antennas firmly secured to net
- 3) The playing court, including the net, should be set up and ready for warm up one (1) hour before game time
- 4) Visual scoreboard with clock counting down from 60 minutes before game time. (30 minutes on the clock is acceptable if your scoreboard will not set at 60)
- 5) Towels for both team benches (minimum 6 each)
- 6) Provide two (2) approved game balls for the match
- 7) Provide water and cups for both teams
- 8) Videotape match for both teams from the best vantage point possible
- 9) Follow NWAACC pre-match protocol which includes announcing both rosters
- 10) Have a copy of the pre-match protocol available at the scorer's table
- 11) Provide a stat crew of at least three (3) well trained individuals
- 12) Provide match statistics to visiting team within fifteen (15) minutes of the end of the match.

Recommended Standards

- 1) Warm up balls and cart
- 2) Shower towels for visiting team
- 3) Training area and services
- 4) Separate dressing area for players and officials
- 5) If unable to provide separate dressing areas for teams, provide a meeting space for visiting team
- 6) Have extra line-up sheets available at the scorer's table
- 7) News information services (i.e. phone)
- 8) Three (3) ball rotation system

NWAACC Volleyball

Pre-Match Protocol

Beginning in Fall 2003 NWAACC Volleyball will follow the Pre-Match Protocol as listed in the NCAA rulebook. After the warm-up is complete the following procedures are for team introductions and pre-match activities:

- 1) If you choose to play the National Anthem or say the Pledge of Allegiance, it should be done after the teams have lined up on the end line.
- 2) If you choose not to do the #1 then all players will line up on the end line before the introductions start. The entire roster for each team will be introduced.
- 3) On the signal from the officials, team captains proceed to the net to shake hands followed by their respective team members.
- 4) Each team then reports to its bench to prepare for the match.
- 5) Starters are called to the end line and the match begins.

“Coach Of The Year Selection Process”

THERE WILL BE TWO “COACH OF THE YEAR” SELECTIONS MADE AT THE END OF THE VOLLEYBALL SEASON.

Tournament Coach of the Year

The selection of the Tournament Coach of the Year will occur at the NWAACC Conference Tournament. The process is covered under NWAACC Championship Tournament Procedures Rule 3, Awards.

NWAACC Coach of the Year

The selection of the NWAACC Coach of the Year will follow these procedures:

- 1) Each region will vote in the manner they deem appropriate to select a Regional Coach of the year.
- 2) The nominations for NWAACC Coach of the Year will be the four Regional Coaches of the Year.
- 3) At the annual coaches meeting during the Sophomore All-Star event, each school will get one vote for the NWAACC Coach of the Year.
- 4) The winner will be announced during the All-Star competition.

Criteria for the regional and conference Coach of the Year selections:

Professionalism

Effort to promote their sport

Support for the spirit and intent of the NWAACC code and sports rules

Conduct of the coach's team

Contribution to the growth of the sport

Improvement in the program from previous year/during current season

Season Record

Volleyball All-Tournament Team SELECTION PROCESS

The all-tournament team selection process outlined below has been adopted by the NWAACC volleyball community for use during the season. This procedure will be used at all tournaments hosted by NWAACC teams, except for the conference tournament. This process was adopted for permanent use beginning with the 2000 season.

ALL-TOURNAMENT TEAM SELECTION PROCESS

Coaches from the schools that finish first through fourth will select tournament all-stars from their own team in the following numbers:

First place team	3 all-stars
Second place team	3 all-stars
Third place team	2 all-stars
Fourth place team	1 all-star

The tournament MVP will be selected by the tournament director or the tournament selection committee (whichever has been designated by the tournament host) from the 6 all-stars selected by the first and second place coaches.

Coaches from the teams finishing fifth and below may nominate players from their team, in the order of preference she/he would like to see them honored, to be selected by the tournament director/selection committee for the remaining positions (3 for a twelve player all-tournament team).

Coaches leaving the tournament prior to its conclusion should hand their list to the tournament director/selection committee before leaving.

Please Note:

The above procedure is for a twelve-person all-tournament team. If the tournament host is honoring less than 12 players then the procedure should be adjusted accordingly.

TIE~BREAKER PROCEDURES

Beginning with the Fall 2003 season, NWAACC Volleyball will use the following tie-breaker procedures for all tournaments, formatted such that ties could occur. These procedures were adopted at the 2002 annual coaches meeting.

TIE~BREAKER PROCEDURES FOR CROSSOVER TOURNAMENTS

These procedures will be used at all crossover tournaments beginning with the 2003 season.

If two teams are tied:

- 1) Head to Head Record

If more than two teams are tied:

- 1) Won-Loss ratio for the total number of games played, between the tied teams
- 2) Comparison of the point differential between the tied teams. Point differential shall be determined by subtracting the total points lost from the total points won. (The highest plus or lowest minus remainder shall be considered the superior team.)
- 3) Comparison of the point differential within the entire pool.
- 4) Coin Toss

CROSSOVER TOURNAMENTS

CROSSOVER TOURNAMENTS

Refer to the NWAACC Code – Volleyball section, Rule 8 for regulations regarding crossovers. In addition, the following philosophies are also important.

- I. All crossovers have standardized officiating.
 - A. First referee - state rated
Second referee – local or higher rating
- II. Crossover participation is optional.
If you chose not to participate in a crossover, **you may not compete at all on those dates.** (NWAACC Code, adopted 6/97)
- III. Host colleges are encouraged to invite additional teams to fill vacancies (acceptable teams: 4 year college or 2 year colleges).
- IV. Site Selection
 - A. Each college selects sites for the next season at the coaches meeting during NWAACC All-Star weekend.
 - B. A representative from your school must be present to select for your school. All coaches not represented will be contacted after the meeting if openings are available.
 - C. If selecting sites for both crossover weekends:
 1. One site must be out of your region (i.e. at least 3 hrs. away) and
 2. One site can be in your region
 - D. If selecting a site for only one crossover weekend, you should attend a crossover outside of your region (at least 3 hrs. away)
- V. Entry Fees
 - A. Entry fee costs will be determined by each host institution and should cover the cost of officials and awards. This includes the up and down officials and all scorers. Other costs should be borne by the host. (NWAACC Code Rule 8 page 31 adopted 6/98)
 - B. This is not designed to be a major money maker for the college.
- VI. October Crossover
 - A. Held on the 1st weekend in October (starting 2003).
 - B. There will be three - four host sites. Sites will be selected by the volleyball committee
- VII. November Crossover

- A. Held on the first weekend in November
- B. There will be four ~ five host sites. Sites will be selected by the volleyball committee

VIII. Match Guarantees

- A. If the tournament includes 8 or more teams, the guarantee is at least five (5) matches.
- B. If the tournament includes 7 or fewer teams, the guarantee is at least four (4) matches.

IX. Format Guidelines

- A. For tournaments hosting 7 or fewer teams, the format should include as many 3-out-of-5 matches as possible. If the facility allows for larger crossovers to include more 3-out-of-5 matches, that is preferred.
- B. The tournament structure should resemble the NWAACC tournament whenever possible.

2007 Volleyball Crossover Tournaments

October 5 & 6, 2007

Clackamas (S)	Blue Mt. (E)	Bellevue(N)	Grays Harbor (W)
Whatcom(N)	Tacoma(W)	Wenatchee(E)	Columbia Basin (E)
Everett(N)	Centralia (W)	Yakima (E)	Walla Walla (E)
Big Bend (E)	Edmonds (N)	Mt. Hood (S)	Pierce (W)
Spokane(E)	Treasure Valley (E)	Shoreline (N)	Skagit Valley (N)
Highline (W)	Lower Columbia (W)	Clark (W)	SWOCC (S)
Green River (W)	Olympic (N)	Umpqua (S)	
Linn-Benton (S)	Chemeketa (S)		

November 2-3, 2007

Umpqua (S)	Spokane (E)	Whatcom (N)
SWOCC (S)	Bellevue (N)	Edmonds (N)
Blue Mountain (E)	Everett (N)	Clackamas (S)
Wenatchee (E)	Linn-Benton (S)	Mt. Hood (S)
Shoreline (N)	Big Bend (E)	Walla Walla (E)
Columbia Basin (E)	Olympic (N)	Chemeketa (S)
		Yakima (E)
		Treasure Valley (E)

GUIDELINES FOR HOSTING A CROSSOVER

- I. NWAACC Code information is included under Rule 8 in the Volleyball section.
- II. Basic Criteria
 - A. Minimum of two courts for play
 - B. Warm up time should be predetermined and adequate for all matches
 - C. The tournament coordinator/director shall not be a coach
 - D. Facilities need to be safe for play
 - E. There shall be a tournament protest committee
- III. Tournament Format
 - A. Designed by the host school, but suggested options are:
 - 1. Pool play with bracket play-offs
 - 2. Round robin play
 - B. The schedule for the tournament should be sent to participating colleges by mid-August. (It is nice to include hotel information)

NWAACC Crossover Bid Form

_____ bids to host a Volleyball Crossover Tournament
(College)

Weekend: (circle one) **October** **November**

Maximum Number of Teams: _____

Facility: (Describe briefly) _____

Officials assigned by: _____

Probable Format: _____

Estimated Entry Fee: \$ _____

Other Considerations: _____

Submitted By: _____

(Director of Athletics)

(Volleyball Coach)

College

Date

Send completed form to: Cheryl Yoder
VB Sports Committee Chair
Umpqua Community College, PO Box 967
Roseburg, OR 97470
cheryl.yoder@umpqua.edu

NWAACC TOURNAMENT

NWAACC CHAMPIONSHIP TOURNAMENT

PROTOCOLS

In addition to rules and procedures found in the NWAACC Code Book, the following protocols should be followed:

First Round Regional Rotation

<u>2003</u>	<u>2004</u>	<u>2005</u>	<u>2006</u>	<u>2007</u>	<u>2008</u>
S-E	S-N	S-W	S-E	S-N	S-W
W-N	E-W	N-E	N-W	E-W	N-E

In scheduling first round matches, team in the upper and lower brackets will be switched on alternating years.

Coin Toss Protocol

In rounds one and two of the tournament, the highest seeded team will call the coin toss. In subsequent rounds, the team on the top of the bracket will call the toss.

ALL-STAR EVENT

All-Star Tournament

General Guidelines

The following general guidelines are provided to hosts of the NWAACC All-Star Event. The guidelines cover preferred scheduling for practice times, meetings and the tournament.

Players should wear their own team uniform for the All-Star matches. Coaches for the all-star teams should coordinate numbers. (Adopted for the 2004 All-Star Event)

- 1) The host shall provide a 1½-hour practice time for each regional team. Each team should have access to one court.
- 2) The practice time should end no later than 8pm.
- 3) The host region and the next closest region will be scheduled for the early practice time.
- 4) The Sports Committee will meet Friday evening at 8pm.
- 5) The annual Conference Coaches Meeting will be scheduled for Saturday from 8:30-11am.
- 6) For the tournament, 2-out-of-3 matches will be scheduled for 12, 1:30 and 3pm.
- 7) The host region should provide a commemorative souvenir t-shirt for each team member.
- 8) The host region will provide a lunch for the coaches meeting.

STATISTICS

Stat Definitions

Term (stat crew key)

Attack (A)

An attack attempt (A) is recorded any time a player attempts to attack (hit strategically) the ball into the opponent's court. The ball may be spiked, set, tipped or hit as an overhead contact.

There are three possible outcomes of an attack attempt.

- (1) There can be a kill.
- (2) There can be an attack error.
- (3) The ball can stay in play. This is referred to as a "0 attack (zero attack)."

Philosophy: Any ball that is played over the net in an attempt to score a point should be considered an attack. Any ball played over the net simply to keep the ball alive should not be considered an attack attempt.

The exceptions to an attack are:

- (1) An attempt is not charged on a ball played over the net on serve reception that is kept in play by the opposing team. This is called an overpass.
- (2) An attempt is not charged on a free ball played over the net when, in the opinion of the statistician, the free ball is passed only to keep the ball in play.
- (3) An attempt is not charged to a player if, in the opinion of the statistician, the set is bad and the player plays the ball over the net to keep the ball in play.
- (4) An attempt is not charged to a player if, in the opinion of the statistician, the player passes the ball over the net only to keep it in play.

However, if in any of the four above-mentioned instances the action results directly in a point for the team playing the ball, a kill, and therefore an attack attempt, must be awarded.

KILL (K)

A kill (K) is awarded to a player any time an attack is unreturnable by the opposition and is a direct cause of the opponent not returning the ball or any time the attack leads directly to a blocking error by the opposition. A kill leads directly to a point. When a player is awarded a kill, the player also is awarded an attack attempt.

ERROR (E)

An attack error (E) is charged to a player whenever an attack or attacker:

- (1) Hits the ball out of bounds.
- (2) Hits the ball into the net resulting to a four-hit violation.
- (3) Is blocked down by the opposition to the same side at the attacker, and cannot be kept in play as a direct result of the block.
- (4) Goes into the net.
- (5) Is called for center-line fault.
- (6) Is called for an illegal contact on the attack.
- (7) Is called for an antenna fault.
- (8) Is called for a 3-meter (10-foot) line violation.
- (9) Is called for a thrown ball or illegal hit during an attack attempt.

When a player is given an attack error it also counts as an attack attempt and is counted in the player's total attacks.

ZERO ATTACK (C)

A “0 attack” (Zero attack) is any attack attempt that is kept in play by the opposition. Total attempts (TA) equal the sum of kills, errors, and “0 attacks.”

Documentation is required on the work sheet for this play and should be included in the individuals’ totals on the Box Score Form.

ASSIST (A)

A player is awarded an assist (A) whenever that player passes, sets or digs the ball to a teammate who attacks the ball for a kill. There are three possible outcomes of a ball that is being set:

- (1) An assist.
- (2) An assist error or ball-handling error.
- (3) A zero assist. This occurs when a ball that is set does not directly lead to a kill.

Documentation on the work sheet only is required if the statistician is calculating assists percentage.

SERVES (V)

Article 1. A serve is when a player attempts to serve the ball over the net into the opponent’s court. There are three possible outcomes for every served ball:

- (1) A service ace.
- (2) A service error.
- (3) A zero serve. This occurs when a serve does not result in a service ace or service error but play continues. Documentation on the work sheet is required only if the statistician is calculating server percentage.

SERVICE ACE (X)

A service ace (SA) is a serve that results directly in a point. A service ace is awarded to a player:

- (1) If the serve strikes the opponent’s court untouched.
- (2) If the serve is passed by the opponent but cannot be kept in play.
- (3) If the referee calls a violation on the receiver (i.e., lift, double hit).
- (4) If the receiving team is out of rotation (i.e., overlap).

SERVICE ERROR (E)

A service error (SE) is charged to a player:

- (1) If the serve fails to go over the net and lands on the side of the team serving.
- (2) If the serve is out of bounds or hits the antenna.
- (3) If the server foot-faults or takes too much time.
- (4) If the server tosses more than once for a service.
- (5) If a player serves out of rotation. The service error (SE) is charged to the player who should have been serving.

DIGS (D)

A dig (D) is awarded when a player passes the ball that has been attacked by the opposition.

Digs are given only when players receive an attacked ball and it is kept in play, not when a ball is brought up off a “put back” (blocked ball).

Philosophy. The pass or play of any ball that attacked is awarded a dig. The ball can be kept in play on the digger’s side of the net or can go back to the opposition. In either case a dig is awarded.

BLOCKS (B)

A block is awarded when a player(s) blocks the ball into the opponent’s court leading directly to a point. There are three possible outcomes when a player(s) is blocking:

- (1) The player(s) is credited with a successful block solo or block assist.
- (2) The player is charged with a block error.
- (3) The attack attempt is deflected off the blocker’s hands and is kept in play by one of the teams.

BLOCK SOLO (B + S)

A block solo (BS) is awarded when a single player blocks the ball into opposition's court leading directly to a point. That player must be the only blocker attempting to block the ball.

BLOCK ASSIST (B + A)

A block assist (BA) is awarded when two or three players block the ball into the opponent's court for a point. Each player blocking receives a block assist even if only one player actually makes contact with the ball.

Note: Both a block solo and block assist cannot be awarded on the same play.

BLOCKING ERROR (B + E)

A blocking error (BE) is a call made by the referee that end play.

A player is charged with a blocking error when:

- (1) A blocker goes into the net.
- (2) A blocker is called for a center-line fault.
- (3) A blocker is called for reaching over the net.
- (4) A back-row player is called for blocking.
- (5) A blocker is called for a thrown ball during a block.

Note: A kill is awarded to the attacking team when a blocking error is charged to the defending team.