

Reluctant But Willing to Take a Chance

I was first introduced to nudism, by my husband, Jay. We had both left a very fundamentalist church which had served as our extended family and a big part of our lives. We were searching to fill a void; both socially and mentally.

At first I thought nudism was stupid. What was the point, really?

We met some people who seemed a bit fanatical about it; working in a woodshop, sliding under a truck engine, cooking fried foods, etc. all in the nude. It was as if you HAD to be naked all the time. Here we were moving AWAY from dogma, not looking to replace it with more dogma??

That did seem stupid.

But Jay seemed to enjoy it, and the kids seemed to enjoy it, MAYBE I could give it a chance.

Then I met some people who seemed to be more balanced. Their approach was that they (or I) did not HAVE to be naked all the time while doing everything!

THIS was the freedom I was looking for! I did not HAVE to be nude, I could CHOOSE to be nude. It is freeing, and I found myself enjoying it.

And now I have a new and fabulous extended family here at LARC.

Joleen G.